SHINGLES CASE STUDY

Patient Details
Male, Age 77, Immune status: Good

Concomitant diseases
1. Hypertension
2. THR for Osteo Arthritis RT hip joint

Concomitant drug therapy
1. Brinerdin tds/d
2. Surgam SA 300mg tds/d

Date of Diagnosis: 22/3/93
Date of appearance of rash: 20/3/94

Patient Treatment
Therapy Prescribed:
• Zovirax - Shingles treatment pack: 800mg 5 x/d for 7 days
• Stopayne π prn

Date of Initiation of Therapy: 22/3/93
Date of Completion of Therapy: 1/4/93.
Final Assessment 13/4/93

Comments on Treatment
Progressive improvement since commencement of treatment. Complained of dull headache which revealed an underlying cystitis (treated with macrodantin). Blood tests were taken 22/3/93
* ESR = 15 mm/h
* Uric Acid = 0,49
* Urea = 8,07 mmol/l
UMC&S strept faecalis

30/3/93
* ESR 50 mm/h
* Uric Acid = 0,508
* Urea = 12,67 mmol/l
UMC&S = strept faecalis

Patient used a walking stick due to total hip replacement 1/6/89. Mr R and his wife used to stay alone on a small farm plot: they have been attacked twice by intruders on the property. They always bring two jars of honey (for me) on their monthly visit. Very pleasant and passive geriatric couple!

Measurements/Results
Time to Healing of Lesions:
± 5 days after commencement of treatment.

Duration and Intensity of Pain:
Outly the first three to four days.

Side Effects/
Problems
experienced with therapies: None!

Additional Information
2. Follow-up: 8 days later
   - Patient smiling and happy
   - Repeat at blood tests
3. Final Assessment 13/4/93. BP 110/80 Cystitis treated with macrodantin 100mg qid x 20.

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